

Nourish

A Biweekly Newsletter
By Emma Higgins & Amanda Kelley

Medical Supplies:

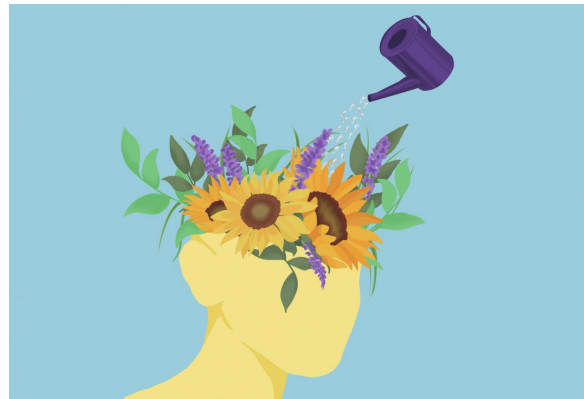
The Jill Fox Memorial Fund, Inc

Provides grants to individuals with unmet medical and healthcare needs that are not paid for by medical insurance, government agencies, etc.

Call: 410-369-9322

101 W Mt Royal Ave Baltimore, MD 21201

8am-5pm



Food:

Little Free Pantries by Caring Cupboard

Provides food to Anne Arundel County Residents to meet their nutritional needs.

490 Chalet Drive Millersville, MD 21108

Open 24 hours

Emergency Food Supplies

by My Brother's Pantry

Provides emergency food supplies on a one-time basis to any person who asks for help.

Call: 410-757-5190 or 800-554-8583

8am-5pm

Grace AME Food Pantry

Provides nonperishable groceries.

67 Winters Lane Catonsville, MD 21228

Call: 410-744-9479

<https://www.graceamechurch.org>

Tues & Thurs 1pm-4pm

Goods:

Diapers & Baby Supplies

by Cuddle Me Program

Provides free diapers and wipes, as well as formula, cereal, and other essentials to babies in need and their families.

www.cuddlemeprogram.com

8am-5pm

Packages of Hope

by Lily's Hope Foundation

Provides free care packages to families with preemies currently in the NICU or heading home from the NICU. Care packages are customized to meet each families' specific needs.

Call: 267-776-4673

Email: info@lilyshopefoundation.org

Open 24 hours